

The 23rd Annual Conference of Society of Anesthesiologists of Nepal (SANCON 2024)		
Theme: Advances in Anesthesia		
29th-30th March 2024		
Hyatt Regency, Kathmandu, Nepal		
Scientific Program Schedule		
Day I		Hall A
Time Start	Duration	Agenda
1:00 PM		Registration
1:45 PM	15 min	Welcome Speech
2:00 PM	20 min	Key Note Speech: B D Jha - Advances in anesthesia
2:20 PM	20 min	Thematic Speech 1: Jayaram K Dasan - Advances in airway management technique
2:40 PM	20 min	Thematic Speech 2: Haydn Perndt - Digital revolution in teaching and learning
3:00 PM	20 min	Thematic Speech 3: Ronald George - Recent advances in obstetric anesthesia
3:20 PM	20 min	Thematic Speech 4: Hemanshu Prabhakar - Recent advances in neuroanesthesia
3:40 PM	20 min	Thematic Speech 5: Deepak Govil - Advanced POCUS in ICU
4:00 PM	15 min	Break
4:15 PM	10 min	Roshana Amatya Oration: Orator - B M Shrestha
4:25 PM	20 min	Oration Speech: B M Shrestha - History and development of anesthesia services in Nepal
4:45 PM	45 min	Panel Discussion: Non-technical skills in anesthesia. Panelists: Shyam Maharjan, Anil Shrestha, Pradip R Baidya, Rohini Sigdel, Sangina Ranjit. Moderator: Ritu Pradhan
5:30 PM	30 min	Inauguration Ceremony
6:00 PM		Cultural Program & Gala Dinner

Day II		Hall A	Hall B	Hall C	Hall D	
Time Start	Duration	Agenda				
8:00 AM		Registration				
Day II (30th March 2024)	100 min	Session A1 (8:30 am - 10:10 am) General (Chairpersons: Ronald George, Tamanna Bajracharya)	Session B1 (8:30 am - 10:10 am) Pain (Chairpersons: Bal Krishna Bhattaral, Binita Acharya)	Session C1 (8:30 am - 9:15 am) Pediatric (Chairpersons: Nidhi Panda, Reshma Shrestha)	Session D1 (8:30 am - 9:15 am) Artificial Intelligence (Chairpersons: Sangina Ranjit, Rohini Sigdel)	
8:30 AM	15 min	1. Apurb Sharma - Enhancing patient outcomes through "Patient Blood Management": a comprehensive overview	1. Parineeta Thapa - Evidence based epidural injection	1. Shanta Sapkota - Scenario of pediatric anesthesia in Nepal	1. Parveen Shaik - Role of AI in general anesthesia	
8:45 AM	15 min	2. Manjusha Shah - Ethics in anesthesia practice	2. Christopher Liu - Persistent pain after spine injury	2. Sadichhya Shah - Enhanced recovery after surgery (ERAS) in pediatrics	2. Sushmita Bairagi - Unlocking precision: revolutionizing USG guided regional anesthesia using artificial intelligence	
9:00 AM	15 min	3. Jing Ping Wang - Endoscopy anesthesia management	3. Hari Rijal - Challenges of pain physician in Nepal	3. Parbesh Gyawali - Strategies and challenges in anesthesia management for uncooperative children	3. Vipin Kumar Goyal - Role of artificial intelligence in perioperative hemodynamic monitoring	
9:15 AM	15 min	4. Anuj Jung Kariki - High flow nasal cannula: a potential solution for hypoxia in complex UGI endoscopic procedures?	4. Babita Ghai - Bridging the Gap: addressing pain research in low and middle-income countries	4. Utsav Acharya - Pediatric procedural sedation - all is easy until it is not!	4. Ajay Das Shrestha - Artificial Intelligence (AI) in medicine: its applications in diagnosis, treatment, and patient care	
9:30 AM	15 min	5. Resham B Rana - Critical care practice status in NMGIC teaching hospital	5. Renu Gurung - Is musculoskeletal pain common among anesthesiologists and health care workers: what can we do?	5. Prakriti Pokhrel - Challenges in pediatric anesthesia- overview from Tilganga Eye Hospital	Session D2 (9:30 am - 12:15 pm)	
9:45 AM	15 min	6. Kalpana Kharbaja - Intra-hospital transport of critically ill patient	6. Ekta Rajeswari Thapa - Comparative study in between percutaneous radiofrequency thermocoagulation of gastric ganglion and balloon compression	6. Bikash Ranjan Ray - Advances in pediatric airway management	Novice Session I (8 mins X 6): 9:30 am -10: 25 am Chairpersons: Prabhat Ranjan Baral, Bishwo Ram Amatya	
10:00 AM	10 min	Q & A	Q & A	Q & A		
10:10 AM	10 min	Break				See next column
Day II (30th March 2024)	100 min	Session A2 (10:20 am - 12:00 pm) Obstetric (Chairpersons: Amir Babu Shrestha, Tara Gurung)	Session B2 (10:20 am - 12:00 pm) Regional (Chairpersons: Renu Gurung, Ashish Ghimire, Rupesh Kumar Yadav)	Session C2 (10:20 am - 12:00 pm) Trauma (Chairpersons: Nagendra KC, Pradip R Baidya)	Novice Session II (8 mins X 6): 10:25 am - 11:20 am Chairpersons: Bhuban R Kunwar, Siddhartha Koirala	
10:20 AM	15 min	1. Bryan Mahoney - Epidural, combined spinal epidural or dural puncture epidural: advantages and disadvantages	1. Prajjwal Raj Bhattaral - Evolving trends in regional anesthesia: advancements in techniques, safety measures and pain services	1. Kajal Jain - Trauma in pregnancy		
10:35 AM	15 min	2. Ronald George - Failed epidural catheter in labor room and cesarean theaters	2. Praveen Talwar - Thoracic continuous spinal anesthesia for major abdominal surgery	2. Tanvir Samra - Damage control resuscitation	See next column	
10:50 AM	15 min	3. Angeleena Kumar Gupta - ERAS evolution: time for paradigm shift	3. Vinay Kumar - Comparison of safety and efficacy of shoulder block with interscalene block for shoulder surgeries: A systematic review and meta-analysis	3. Bishwo Ram Amatya - Perioperative anesthetic management of polytrauma patients		
11:05 AM	15 min	4. Sangeeta Shrestha - Perioperative fluid management in pre-eclampsia	4. Ujma Shrestha - Reviewing the landscape: ultrasound-guided stellate ganglion block in current practice	4. Panel Discussion: A case of trauma Moderator: Ankit Rimal. Panelists: Kajal Jain, Tanvir Samra, Bishwo Ram Amatya, Pradip Tiwari	Novice Session III (8 mins X 6): 11:20 am - 12:15 pm Chairpersons: Ram Bhakta Koju, Shailendra Gautam	
11:20 AM	15 min	5. Barant Bhattaral - Homer's syndrome following epidural analgesia for labor	5. Shalvi Mahajan - Regional anesthesia in neonates		See next column	
11:35 AM	15 min	6. Bishu Dev Parajuli - Experience of labor epidural analgesia at TUTH	6. Hemant Adhikari - Epidural blood patch for post-dural puncture headache: A clinical experience at Nepal Medicti Hospital			
11:50 AM	10 min	Q & A	Q & A	Q & A		
12:00 PM	60 min	Lunch Break (12:00 pm - 1:00 pm)				
Day II (30th March 2024)	85 min	Session A3 (1:00 pm - 2:25 pm) Neuroanesthesia (Chairpersons: Man Bahadur Chand, Hemanshu Prabhakar, Gentle Sunder Shrestha)	Session B3 (1:00 pm - 2:25 pm) Mechanical ventilation (Chairpersons: Subhash Prasad Acharya, Rupesh Gami)	Session C3 (1:00 pm - 2:25 pm) Airway (Chairpersons: Shambu Acharya, Jay K Dasan)	Session D3 (1:00 pm - 2:25 pm) Cardiac & Transplant (Chairpersons: Jeju Nath Pokharel, Bishwas Pradhan, Murari Raj Upreti)	
1:00 PM	15 min	1. Nidhi Gupta - Awake craniotomy	1. Bharat Palwal - Refractory Hypoxemia	1. Amit Kumar Malik - Flexible bronchoscope v/s video laryngoscope for awake nasotracheal intubation in anticipated difficult airways - A randomized controlled trial.	1. Sneh Mahaja - Role of peri-operative echocardiography in cardiac surgery	
1:15 PM	15 min	2. Indu Kapoor - Brain-heat cross-talk	Panel Discussion- Mechanical ventilation—from initiation to liberation	2. Arjun Gurung - Tracheal resection and anastomosis	2. Harish Kumar - Cardiac output monitoring	
1:30 PM	15 min	3. Ankur Luthra - Cranial ultrasound and transcranial Doppler	Moderator- Sarovar Upadhyaya	3. Vishal Vaibhaw - Airway management by emergency physicians- "sailing against the tide"	3. Kanchan Paudel - Anesthetic implications in transcatheter aortic valve replacement	
1:45 PM	15 min	4. Panel discussion- Physiological goals in neuroanesthesia and neurological care Moderator: Bitesh Lamsal Panelists- Hemanshu Prabhakar, Gentle S. Shrestha, Indu Kapoor, Nidhi Gupta	Panelists- Subhash P Acharya, Pradip Tiwari, Santosh Acharya, Anand Thakur	4. Tom Murphy - The implementation of a written information leaflet to supplement the consent process for awake tracheal intubation	4. Muralidhar Kanchi - Challenges for cardiac transplant	
2:00 PM	15 min			5. Rishi Chaurasia - Sonographic assessment of suprathyroid airway parameters in adult patients planned for Preseptal placement: a pilot observational study	5. Yatin Mehta - Bridging therapy for cardiac transplant	
2:15 PM	10 min	Q & A	Q & A	Q & A	Q & A	
2:25 PM	15 min	Break				
Day II (30th March 2024)	100 min	Session A4 (2:40 pm - 4:30 pm) Critical Care (Chairpersons: Moda Nath Marhatta, Shital Adhikari, BD Jha)	Session B4 (2:40 pm - 4:30 pm) Research and Publication (Chairpersons: Apurb Sharma, Lalit Kumar Rajbanshi)	Session C4 (2:40 pm - 4:30 pm) Liver & Renal Transplant (Chairpersons: Maya Lama, Abhash Pokharel)	Session D4 (2:40 pm - 4:30 pm) Oncoanesthesia (Chairpersons: Anil Shrestha , Ritu Pradhan)	
2:40 PM	15 min	1. Y P Singh - Management of Invasive fungal Infection	1. Dipesh Aryal - Empowering early career: clinician with research capacity building	1. Ramesh Singh Bhandari- The safe liver graft in live donor liver transplant	1. Anarash Kurma Singh - Oncoanesthesia: a silent companion in cancer care	
2:55 PM	15 min	2. Ankit Rimal - The abnormality of normal saline	2. Surendra Bhusal - P value is hype!!	2. Aarati Rai- Prolonged anhepatic phase and its management	2. Jyotsna Goswami- Perioperative management of cancer patients	
3:10 PM	15 min	3. Ankit Agrawal - "HME filters- the facts and the caveats."	3. Panel discussion- Research & publication ethics: Common problems of early career researchers Moderator- Pawan Kumar Namal Panelists- Gentle Sunder Shrestha, Dipesh Aryal, Hem Raj Paneru, Lalit Kumar Rajbanshi	3. Pankaj Joshi- Hyper coagulability in end stage liver disease - what we need to know?	3. Prashant Sirohiya- Hyperthermic intraperitoneal chemotherapy(HIPEC) - anesthetic challenges	
3:25 PM	15 min	4. Sandeep Kumar - Biomarkers in sepsis		4. Anil Sharma Bhattaral- Cardiovascular issues in liver transplant and how to tackle them	4. Sanjay Paudel- Peri-operative anesthetic interventions and oncological outcomes: a review	
3:40 PM	15 min	5. Panel discussion- Multidrug resistant infections in ICU. Moderator- Sachit Sharma Rupakheti Panelists- Y P Singh, Deepak Govil, Anup Subedi, Anand Thakur		5. Ankita Kabi- Recent advances in renal transplant anesthesia	5. Raghav Gupta- Sepsis bundle approach - better outcome	
3:55 PM	15 min			6. Anil Maharjan - Renal transplant in patient with DCM: an experience at RST medical college	6. Hemanshu Prince- Hyperthermic isolated limb perfusion	
4:10 PM	10 min	Q & A	Q & A	Q & A	Q & A	
4:20 AM	10 min	Break				
4:30 PM		Closing Ceremony				
5:00 PM		General Body Meeting (Life members only) at Hall A				
6:00 PM		Post-conference Dinner (Venue: Smart Palace, Chuchepati)				

Session D2 (9:30 am - 12:15 pm) Day II 30th March SANCON 2024	
Novice Session I (8 mins X 6): 9:30 am -10: 25 am Chairpersons: Prabhat Ranjan Baral, Bishwo Ram Amatya	
1. Manish Gupta	Correlation of left sided double-lumen tube size by conventional method and ultrasonographic sub-glottic diameter measurement
2. Ashish Raj Tiwari	Evaluation of Intubation Prediction Score as Assessment for Difficult Visualization of Larynx
3. Pragna Shrestha	Accuracy of ratio of height to thyromental distance in predicting difficult visualization of larynx: A Prospective observational study
4. Bishal Gaire	Correlation between hip to shoulder width ratio and level of sensory block following spinal anaesthesia with 0.5% hyperbaric bupivacaine in term parturients undergoing CS
5. Bibhesh Mandal	Assessment of endotracheal tube cuff pressure inflated by conventional method: An observational study
6. Biplov Neupane	Comparison of erector spinae plane block with TAP block for postop pain management in patients undergoing total abdominal hysterectomy in TUTH: An RCT
Session D2 (9:30 am - 12:15 pm) Day II 30th March SANCON 2024	
Novice Session II (8 mins X 6): 10:25 am - 11:20 am Chairpersons: Bhuban R Kunwar, Siddhartha Koirala	
1. Sushmita Gurung	Perfusion index as a predictor of hypotension following spinal anaesthesia in elective lower segment caesarean section in a tertiary hospital in Kaski, Nepal
2. Sanjeeb Dhungana	A prospective comparative study of video laryngoscope and direct laryngoscope in terms of duration of tracheal intubation and glottis visualization
3. Poojan Karle	Assessment of the change in right internal jugular vein diameter and cross-sectional area with right upper limb tourniquet application
4. Rashmi Thapa	Comparison between hyperbaric bupivacaine with and without fentanyl in reducing visceral pain during caesarean delivery under spinal anaesthesia
5. Amit Chaudhary	Study of Pregabalin as Premedication for Anxiolysis in Patients Undergoing Elective Surgery
6. Sushil Regmi	Comparison of hemodynamic response following spinal anaesthesia in normotensive and controlled hypertensive patients undergoing infraumbilical surgeries
Session D2 (9:30 am - 12:15 pm) Day II 30th March SANCON 2024	
Novice Session III (8 mins X 6): 11:20 am - 12:15 pm, Chairpersons: Ram Bhakta Koju, Shailendra Gautam	
1. Nishchal Babu Neupane	Epi-glottic cysts: An uncommon cause of difficult intubation and management alternatives
2. Ashru Neupane	Comparing phenylephrine, ephedrine, and mephentermine to maintain arterial pressure in spinal-induced hypotension
3. Janak Raj Pokharel	Comparison between intranasal Dexmedetomidine and Midazolam as premedication in children undergoing General Anesthesia
4. Sikhu Singh Maharjan	Landmark versus ultrasonography assisted lumbar puncture for spinal anaesthesia in caesarean section
5. Sujan KC	Effectiveness of magnesium sulphate in smoothness of extubation in patients undergoing laparoscopic cholecystectomy
6. Diprajit Shrestha	Mallampati in Sitting versus Supine Position for Prediction of Difficult Intubation

Session E (1:00 pm - 2:25 pm)	
Poster session screen A (1:00 PM -1:40 PM) Chairpersons: Ashish Amatya, Asish Subedi	
1. Yashoda Khadka	Artificial intelligence in Anesthesia: Synopsis
2. Sanjiv choudhary	Anaesthetic Management for Exploratory Laparotomy in Glucose 6 Phosphate Dehydrogenase Deficiency
3. Sandeep Khatri	A case of Imperforate Anus with Tetralogy of falot with pulmonary atresia with patent ductus arteriosus underwent Anoplasty under Caudal Anesthesia.
4. Samata Dhungana	Comparison of hemodynamic fluctuations to insertion of i-gel vs endotracheal tube in laparoscopic surgery
5. Pushkar Bishwokarma	Anesthetic Management and Challenges for Carotid Body Tumour Excision: A rare case
6. Mahesh Acharya	Single Shot Spinal Anaesthesia for Caesarean Delivery of Parturient with Achondroplasia
Poster session screen B (1:40 PM -2:20 PM) Chairpersons: Anil Shrestha, Sangeeta Shrestha	
1. Helena Dunn	Volatile use in induction of anaesthesia
2. Priyanka Dahal	Anaesthetic management of a case of dilated cardiomyopathy with low ejection fraction with HTN, T2DM and COPD for laparoscopic nephroureterectomy
3. Pankaj Dhungana	Symptomatic Cholelithiasis with temporary pacemaker insertion for Sick Sinus Syndrome prior to OT
4. Rabi Paudel	A Case on Extra Cardiac Fontan Completion in a Patient with S/P BDCPS and MPA Banding for DORV: Management Challenges and Complications
5. Mukesh Paudel	Congenital Ramula: A real airway challenge in pediatrics
6. Barsha Karki	Intraoperative anaphylaxis in Caesarean section in a patient with mitral stenosis
Poster session screen C (2:20 PM -3:00 PM) Chairpersons: Basant Bhattaraj, Ujma Shrestha	
1. Nitendra Raj Bajrachha	Thoracic Segmental Spinal Anesthesia for Laparoscopic Cholecystectomy
2. Simrika Tamrakar	Perioperative Management of Laparoscopic Cholecystectomy in a Patient with Severe Factor X Deficiency
3. Navneh Samagh	Assessment of Knowledge & retention of skills of first year MBBS students after BLS training as assessed by questionnaire and DOPS Score over one year
4. Reshma Shrestha	Left Tympanoplasty in a child with uncorrected Tetralogy of Fallot
5. EBF Ugur	Methylergonovine + Oxytocin vs. Oxytocin alone in non-elective cesarean sections, a retrospective cohort study
6. Sainath Veeranki	Palatoplasty in Fraser's Syndrome: An Anesthetic Dilemma with Subglottic Stenosis