

CURRICULUM VITAE

Ritesh Lamsal, DM

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CURRENT JOBS AND RESPONSIBILITIES

- Assistant Professor
 - Department of Anaesthesiology, Maharajgunj Medical Campus, Institute of Medicine, Tribhuvan University, Kathmandu, Nepal
 - Working since July, 2019
- Executive Assistant Editor
 - Journal of Neuroanaesthesiology and Critical Care, Thieme Medical Publishers Inc.
 - In office since May, 2019

ACADEMIC QUALIFICATIONS AND DEGREES

- Doctorate of Medicine (D.M.) – Neuroanaesthesiology and Critical Care: January 2016 – December 2018
 - All India Institute of Medical Sciences (AIIMS), New Delhi, India
- Doctor of Medicine (M.D.) – Anaesthesia: January 2011- December 2013
 - Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh, India
- Clinical Internship: September 2006 – August 2007
 - Kathmandu University Teaching Hospital, Dhulikhel, Nepal, allied hospitals (Scheer Memorial Hospital, Banepa, Nepal, B & B Hospital, Lalitpur, Nepal), and various community outreach centers
- Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.): February 2002 – August 2006
 - Kathmandu University School of Medical Sciences, Dhulikhel, Nepal
- Intermediate of Science (I.Sc.): 1999-2001
 - Kathmandu University School of Science, Dhulikhel, Nepal

PUBLICATIONS (56)

Peer-reviewed Indexed Journals (International) (31)

1. Lele AV, Shiferaw AA; Theard MA, Vavilala MS, Tavares C, Han R, Assefa D, Dagne AM, Mahajan C, Tandon MS, Karmarkar NV, Singhal V, Lamsal R, Athiraman U, Global-SAH project collaborators. A Global Review of the Perioperative Care of Patients With Aneurysmal Subarachnoid Hemorrhage Undergoing Microsurgical Repair of Ruptured Intracerebral Aneurysm. *Journal of Neurosurgical Anesthesiology*. 2023; published ahead of print.
2. Phuyal S, Paudel R, Lamsal R, Maharjan AMS, Gajurel BP. Initial Results of a Direct Aspiration First-Pass Technique to Treat Acute Ischemic Stroke Patients in Nepal. *Asian Journal of Neurosurgery*. 2023; 18(1):75-79.
3. Lamsal R, Panda NB, Wig J. Effect of Tranexamic Acid on Blood Loss and Quality of Surgical Field in Transsphenoidal Pituitary Surgeries: Double-Blind Placebo-Controlled Randomized Control Trial. *Neurology India*. 2022; 70:960-64.
4. Phuyal S, Paudel R, Agrawal P, Lamsal R. Middle cerebral artery occlusion due to cardiac tissue following catheter ablation in Wolff-Parkinson-White syndrome. *Radiology Case Report*. 2021; 2021(6):rjab269.
5. Pradhan P, Phuyal S, Lamsal R, Agrawal P, Paudel R. Transsellar trans-sphenoidal encephalocele with cleft lip, cleft palate and agenesis of corpus callosum. *Radiology Case Report*. 2021; 16(18):2211-2213.
6. Shrestha GS, Lamsal R, Tiwari P, Acharya SP. Anesthesiology and Critical Care Response to COVID-19 in Resource-limited Settings: Experiences from Nepal. *Anesthesiology Clinics*. 2021; 39(2):285-292.
7. Shrestha GS, Shrestha N, Lamsal R, Pradhan S, Shrestha A, Canelli RJ, Ortega R. Emergency Intubation in Covid-19. *New England Journal of Medicine* 2021; 384(7):e20.
8. Agrawal P, Phuyal S, Panth R, Shrestha P, Lamsal R. Giant Cerebral Tuberculoma Masquerading as Malignant Brain Tumor – A Report of Two Cases. *Cureus* 12(9): e10546. 2020.
9. Phuyal S, Dahal GR, Pandey A, Lamsal R. Thoracic Wall Lipoblastoma in an Infant. *Journal of Pediatric Surgery Case Reports*. 2020; 61:101607.
10. Shrestha GS, Lamsal R. Neurocritical Care in Resource-limited Settings. *Journal of Neurosurgical Anesthesiology*. 2020; 32(4):285-286.
11. Phuyal S, Paudel R, Agrawal P, Neupane NP, Lamsal R. Endovascular Treatment of Complex Vertebrobasilar Junction Aneurysms: A Report of Two Cases. *International Journal of Surgical Case Reports*. 2020; 74:99-103.
12. Rajagopalan V, Chouhan RS, Pandia MP, Lamsal R, Bithal PK, Rath GP. Effect of Stellate Ganglion Block on Intraoperative Propofol and Fentanyl Consumption in Patients with Complex Regional Pain Syndrome Undergoing Surgical Repair of Brachial Plexus Injury: A Randomized, Double-blind, Placebo-controlled Trial. *Neurol India*. 2020; 68(3):617-623.
13. Banik S, Rath GP, Lamsal R, Bithal PK. Effect of Dexmedetomidine on Dynamic Cerebral Autoregulation and Carbon Dioxide Reactivity During Sevoflurane Anesthesia in Healthy Patients. *Korean Journal of Anesthesiology*. 2020; 72(4):311-318.
14. Acharya U, Lamsal R. Ankle Surgery in a Patient with Acute Subdural Hematoma Under Combined Lumbar Plexus and Proximal Sciatic Nerve Block - A Case Report. *Local and Regional Anesthesia*. 2020;13:29-32

15. Acharya U, Lamsal R. Pericapsular Nerve Group Block: An Excellent Option for Analgesia for Positional Pain in Hip Fractures. *Case Report in Anesthesiology*. 2020; 2020:1830136.
16. Lamsal R, Bista NR. Management of Status Epilepticus. *Journal of Neuroanaesthesiology and Critical Care*. 2019; 6(3):267–274.
17. Lamsal R, Mahajan C, Chauhan V, Gupta N, Mishra N, Rath GP. Effect of Pregabalin on Postcraniotomy Pain in Patients Undergoing Supratentorial Tumor Surgery: A Randomized Double-blind Placebo-controlled Trial. *Journal of Neurosciences in Rural Practice*. 2019; 10(4):641-645.
18. Vanitha R, Chouhan RS, Pandia MP, Lamsal R, Rath GP. Effect of Intraoperative Blood Loss on Perioperative Complications and Neurological Outcome in Adult Patients Undergoing Elective Brain Tumor Surgery. *Journal of Neurosciences in Rural Practice*. 2019; 10(4):631-640.
19. Hooda B, Chouhan RS, Rath GP, Lamsal R, Bithal PK. Incidence and Predictors of Postoperative Pulmonary Complications in Patients Undergoing Craniotomy and Excision of Posterior Fossa Tumor. *Journal of Anaesthesiology Clinical Pharmacology*. 2019; 35(2):254-60.
20. Banik S, Rath GP, Lamsal R. Intracranial Pressure Monitoring in Children With Severe Traumatic Brain Injury: A Retrospective Study. *Journal of Pediatric Neurosciences*. 2019; 14(1):7-14.
21. Khandelwal A, Lamsal R, Rath GP, Netam RK, Bir M. Motor-evoked Potential Monitoring: A Valuable Tool for the Diagnosis of Position Related Neurologic Deficits. *Saudi Journal of Anaesthesia*. 2019; 13(1):88-89.
22. Khandelwal A, Sagar D, Rath GP, Lamsal R. Sedation Induced by Antiepileptic Drugs Polytherapy: A Note of Caution During Anesthesia. *Saudi Journal of Anaesthesia*. 2019; 13(1):86-7.
23. Rath GP, Lamsal R. Current Status of Stellate Ganglion Block for the Management of Cerebral Vasospasm. *Journal of Neuroanaesthesiology and Critical Care*. 2018; 5:131-32.
24. Lamsal R, Rath GP. Pediatric Neuroanesthesia. *Current Opinion in Anaesthesiology*. 2018; 31(5):539-43.
25. Banik S, Rath GP, Lamsal R, Singh GP. Balloon-assisted Coil Embolization of Intracranial Aneurysm and Zero Bispectral Index. *Neurology India*. 2018; 66(5):1501-02.
26. Lamsal R, Dube SK, Bindra A. Difficulty in Central Venous Cannulation due to Kinked Guidewire: Intravenous Cannula as a Rescue. *Journal of Neuroanaesthesiology and Critical Care*. 2018; 5(2):117-18.
27. Khandelwal A, Pandia MP, Lamsal R. Delayed Emergence From Anaesthesia and Bilateral Mydriasis Following Bilateral Pallidotomy. *Indian Journal of Anaesthesia*. 2018; 62(6):466-69.
28. Lamsal R, Mishra RK, Kumar N. Pneumocephalus Following Lumbar Spine Surgery: A Rare Cause of Delayed Emergence From Anesthesia. *Journal of Neuroanaesthesiology and Critical Care*. 2018; 5(01):30-32.
29. Rathore A, Singh S, Lamsal R, Taank P, Paul D. Validity of Pulse Pressure Variation (PPV) Compared With Stroke Volume Variation (SVV) in Predicting Fluid Responsiveness. *Turkish Journal of Anaesthesiology and Reanimation*. 2017; 45(4):210-17.
30. Hooda B, Chouhan RS, Rath GP, Bithal PK, Suri A, Lamsal R. Effect of Tranexamic Acid on Intraoperative Blood Loss and Transfusion Requirements in Patients Undergoing Excision of Intracranial Meningioma. *Journal of Clinical Neurosciences*. 2017; 41:132-38.

31. Rath GP, Lamsal R. Trigemino-cardiac Reflex: Can the Neuro-anaesthesiologist Afford to be Complacent? *Journal of Neuroanaesthesiology and Critical Care*. 2017; 4(2):69-70.

Peer-reviewed Indexed Journals (Nepal-based) (12)

1. Acharya U, Shrestha N, Lamsal R. Peripheral Nerve and Plexus Blocks for Hip Surgery in a Nonagenarian with Severe Cardiac Disease. *Journal of Nepal Health Research Council* 2022; 20(54):276-78.
2. Phuyal S, Pandey A, Bishokarma S, Lamsal R, Sedain G. Post-traumatic Pseudoaneurysm of the Internal Carotid Artery with Intractable Epistaxis: A Case Report. *Journal of Nepal Medical Association*. 2022; 60(246):218-221.
3. Shrestha GS, Bhandari S, Lamsal R, Gurung U. Mucormycosis: An unanticipated progeny of COVID-19. *Journal of Nepal Medical Association*. 2021; 59(241): 965–967.
4. Shrestha GS, Lamsal R. Rational Use of Oxygen in COVID-19 Pandemic - Are We Doing Enough? *Journal of Nepal Medical Association*. 2021; 59(236):429-431.
5. Phuyal S, Lamsal R, Shrestha GS, Paudel R, Thapa L. Management of Stroke During COVID-19 Pandemic: The Challenges in Nepal. *Journal of Nepal Health Research Council*. 2021; 19(1):218-220.
6. Lamsal R, Bista NR, Acharya U, Joshi P, Shrestha A. Cesarean Section in a COVID-19 Positive Patient with Takayasu Arteritis: A Case Report. *Journal of BP Koirala Institute of Health Sciences*. 2020; 3(2):38-40.
7. Phuyal S, Agrawal P, Dawadi K, Paudel R, Lamsal R. The First Successful Endovascular Management of Posterior Fossa Arteriovenous Malformations in Nepal: Case Series. *Journal of Nepal Medical Association* 2020; 58(232):1089:92.
8. Phuyal S, Agrawal P, Lamsal R, Neupane NP, Sedain G. Successful Treatment of Giant Intracranial Aneurysm Using Flow-Diverter Device: First Experience in Nepal. *Journal of Nepal Health Research Council*. 2020; 18(48):563-5.
9. Phuyal S, Dawadi K, Paudel R, Lamsal R, Agrawal P. Mechanical Thrombectomy for Basilar Artery Occlusion Stroke: A Case Report. *Journal of Nepal Medical Association*. 2020; 58(228):621-623.
10. Hamal PK, Pokhrel N, Pandey D, Malla P, Lamsal R. Perspective of Doctors for COVID-19 Pandemic Readiness in Government Hospitals of Nepal. *Journal of Nepal Health Research Council*. 2020; 18(47):166-171.
11. Sharma PP, Jha AK, Joshi A, Lamsal R. Mass Hysteria and Adolescent Girl: An Interventional Study. *Nepal Journal of Obstetrics and Gynaecology*. 2010; 5(1):17-20.
12. Pandey KR, Jha AK, Dhungana R, Lamsal R. Health Seeking Behaviour of Parents for Children With Pneumonia. *Journal of Nepal Medical Association*. 2009; 48(174):131-4.

Book Chapters (11)

1. Lamsal R, Bista NR. Pediatric Patients and Neurocritical Care. In: *Principles and Practice of Neurocritical Care*. Edited by: Hemanshu Prabhakar. Springer Singapore; Springer Nature; 2023. In press.

2. Lamsal R, Bisa NR. Fluid Management in Pediatric Neurosurgery. In: *Transfusion Practice in Clinical Neurosciences*. Edited by: Hemanshu Prabhakar, Monica S Tandon, Indu Kapoor, Charu Mahajan. Springer Singapore; Springer Nature; 2022. ch. 10; pp 111-120.
3. Lamsal R, Bista NR. DVT Prophylaxis. In: *Essentials of Evidence-Based Practice of Neuroanesthesia and Neurocritical Care*. Edited by: Hemanshu Prabhakar. Academic Press; Elsevier Inc; 2022. ch. 25; pp 359-356.
4. Lamsal R, Mahajan C. Anesthetic Management of Cerebral Aneurysm Surgery in Children. In: *Fundamentals of Pediatric Neuroanesthesia*. Edited by: Girija Prasad Rath. Springer Singapore; 2021. ch. 22; pp 263-376.
5. Rath GP, Chavali S, Lamsal R, Gupta D. Anesthesia for Craniopagus Separation Surgery. In: *Fundamentals of Pediatric Neuroanesthesia*. Edited by: Girija Prasad Rath. Springer Singapore; 2021. ch. 19, pp 305-319.
6. Mitra R, Sebastian LJD, Lamsal R, Rath GP. Anesthesia for Interventional Neuroradiologic Procedures in Children. In: *Fundamentals of Pediatric Neuroanesthesia*. Edited by: Girija Prasad Rath. Springer Singapore; 2021. ch. 33, pp 547-563.
7. Lamsal R, Rath GP. Neuromodulation in Trigeminal Neuralgia. In: *Handbook of Trigeminal Neuralgia*. Edited by: Girija Prasad Rath. Springer Nature Singapore Pte Ltd.; 2019. ch. 24, pp 187-93.
8. Lamsal R, Rath GP. Introduction to Trigeminal Neuralgia. In: *Handbook of Trigeminal Neuralgia*. Edited by: Girija Prasad Rath. Springer Nature Singapore Pte Ltd.; 2019. ch. 1, pp 3-9.
9. Rath GP, Lamsal R. Intracranial Pressure Monitoring. In: *Monitoring in Anaesthesia and Perioperative Care*. Edition 1. Edited by Trikha A, Singh PM. India: Jaypee Brothers Medical Publishers; 2018. ch. 23, pp. 224-233.
10. Lamsal R, Rath GP. Management of Patients with CVA: Role of the Anesthesiologist. In: *Anesthesia Update 2017*. Edited by Das B, Das S. India: Jaypee Brothers Medical Publishers; 2018. ch. 27, pp. 174-78.
11. Lamsal R, Rath GP. Traumatic Brain Injury: An Update. In: *Anaesthesia Update Book 2016*. Edited by Kau TK, Grewal A, Katyal S, Singh A, Gupta V. India: Jaypee Brothers Medical Publishers; 2017. ch. 17, pp. 115-118.

Non-peer-reviewed Publications/Conference Proceedings/Abstracts (1)

1. Swain A, Wig J, Panda NB, Lamsal R, Mukherjee KK. Effect of tranexamic acid on blood loss and quality of surgical field in trans-sphenoidal surgery. *Journal of Neuroanaesthesiology and Critical Care*. 2014; 1(1):84-96.

Guidelines (1)

1. Interim SAN Preanesthesia COVID-19 Screening Guidelines, May 2020
 - Guidelines prepared and published under the aegis of the Society of Anaesthesiologists of Nepal (SAN)

Oral Presentations/Lectures in Conferences

- Lamsal R. Effect of dexmedetomidine on cerebral autoregulation in patients with supratentorial tumors under sevoflurane anesthesia. 16th Asian Australasian Congress of Anaesthesiologists in conjunction with the 99th Annual Scientific Meeting of the Korean Society of Anesthesiologists and the 74th Scientific Meeting of the Korean Pain Society. November 10-13, 2022, Seoul, Korea.

- Lamsal R. Ketamine in neurocritical care. Indian Society of Neuroanaesthesiology and Critical Care Webinar – Virtual. September 15, 2021.
- Lamsal R. Intraoperative management of complex intracranial surgery. Neurosurgery update of the Department of Neurosurgery, Maharajgunj Medical Campus – February 8, 2020. Kathmandu, Nepal.
- Lamsal R. The SAH spectrum: non-vasospasmic complications. 3rd Annual Conference of Society of Neurocritical Care (SNCC) – Virtual. November 27-29, 2020.
- Lamsal R. Cerebral autoregulation: current understanding and relevance. Bangladesh Society of Anaesthesiologists National Conference 2020 and 36th Annual General Meeting. March 13, 2020. Bangladesh Society of Anaesthesiologists, Khulna, Bangladesh.
- Lamsal R. Cerebral autoregulation: current understanding and clinical relevance. 39th Annual Meeting of the Japan Society for Clinical Anesthesia (JSCA). November 2019, Karuizawa, Japan.
- Lamsal R. Fiberoptic intubation. Nepalese Society of Emergency Physicians Annual Emergency Medicine Conference (NEMCON) 2019. November 2019, Kathmandu, Nepal
- Lamsal R. Massive blood loss. AIIMS Neuroanaesthesia and Neurocritical Update 2019. 20th October 2019, New Delhi, India.
- Lamsal R. Ketamine in neuroanesthesia: Myths, controversies and recent evidences. 20th Society of Anaesthesiologists of Nepal Conference (SANCON). March 2019, Kathmandu, Nepal.
- Lamsal R. Myriad anesthetic challenges of separating craniopagus twins: experiences from the first successful separation in India. 19th Society of Anaesthesiologists of Nepal Conference (SANCON). March 2018, Kathmandu, Nepal

Poster Presentations in Conferences

1. Lamsal R, Mishra RK, Kumar N. A rare cause of delayed recovery from anaesthesia after lumbar spinal cord tumor surgery. AIIMS Neuroanaesthesia Update. 2016, New Delhi, India
2. Lamsal R, Kumar N, Singh GP. Toe gangrene following prolonged dorsalis pedis artery cannulation. AIIMS Neurotrauma 2016 and 25th Annual Conference of Neurotrauma Society of India. 2016, New Delhi, India (awarded second-best prize for poster)

PAST JOBS AND RESPONSIBILITIES

- Joint Secretary; Coordinator of Research Network; Coordinator of Continuing Professional Development (CPD) Network (March, 2019 – March 2021)
 - Society of Anaesthesiologists of Nepal (SAN)
 - March, 2019 – March 2021

TRAINING, WORKSHOP

- Global Clinical Scholars Research Training (GCSRT), March 2023 - ongoing. Harvard Medical School, United States of America
 - A comprehensive one-year online program focused on advanced training in health care research and methods.
- Faculty Development Training conducted by the National Centre for Health Professions Education, April 23-28, 2023. Institute of Medicine, Tribhuvan University.
- Trainer: Airway Management Workshop, November, 2019
 - Conducted the workshop, which was a part of the Annual Emergency Medicine Conference of Nepal (NEMCON-2019) of the Nepalese Society of Emergency Physicians
 - Airway workshop consisted of airway assessment, basic airway management, advanced airway management, and management of difficult airway
- Advanced Trauma Life Support (ATLS) Provider Course. October 25-27, 2018. Dr Ram Manohar Lohia (RML) Hospital, New Delhi, India
- Hands-on workshop on i) Mechanical Ventilation, ii) Basic Transcranial Doppler, iii) Advanced Transcranial Doppler. March 22-25, 2018. Artemis Agrim Institute of Neurosciences, Gurugram, Haryana, India. (accredited with 23 hours and 35 minutes of credit hours by Medical Council of India)
- Hands-on workshop on Transcranial Doppler Ultrasound. October 17, 2017. Department of Neuroanesthesiology and Critical Care, AIIMS, New Delhi, India
- Hands-on workshop on i) Bronchoscopy, ii) Multimodal Neuromonitoring. March 31- April 2, 2017. Medanta – the Medicity, Gurugram, Haryana, India. (accredited with 12 credit hours by Haryana Medical Council)
- AIIMS Neurological Life Support Course (ANLS). January 28-29, 2017. Department of Neuroanaesthesiology and Critical Care, AIIMS. Jai Prakash Narayan Apex Trauma Centre, New Delhi, India
- Continuing Medical Education Program. April 2012. Indian Society for the Study of Pain. Postgraduate Institute of Medical Education and Research, Chandigarh, India (accredited by the Punjab Medical Council)
Venue: Department of Anaesthesia and Intensive Care, PGIMER, Chandigarh, India
- Research Methodology and Biostatistics. November 2011. One-month long training program conducted by the Post Graduate Institute of Medical Education and Research, Chandigarh, India.
- Continuing Professional Development Course on How to Write a Thesis and Use of Medical Softwares: December 2010. Nepal Medical Association, Kathmandu, Nepal
- Training Workshop on Health Research Proposal Development. December 2007. Nepal Health Research Council (NHRC), Kathmandu, Nepal

CONFERENCE PARTICIPATION

- 22nd Congress of the Asia Pacific Association of Critical Care Medicine (APACCM) and the 4th Conference of the Nepalese Society of Critical Care Medicine (NSCCM). December 2-4, 2022. Nepalese Society of Critical Care Medicine, Kathmandu, Nepal.
- 16th Asian Australasian Congress of Anaesthesiologists in conjunction with the 99th Annual Scientific Meeting of the Korean Society of Anesthesiologists and the 74th Scientific Meeting of the Korean Pain Society. November 10-13, 2022, Seoul, Korea.
- 21st Annual Conference of the Society of Anaesthesiologists of Nepal (SANCON). May 7, 2022. Society of Anaesthesiologists of Nepal, Kathmandu, Nepal.
- 98th Annual Scientific Meeting of the Korean Society of Anesthesiologists (KSA) – Busan, Korea. November 4-6, 2021 (virtual).
- 3rd Annual Conference of Society of Neurocritical Care (SNCC). November 27-29, 2020 (virtual).
- 22nd Annual Conference of Indian Society of Neuroanaesthesiology and Critical Care (ISNACC 2021). January 24-26, 2021. Society of Neuroanaesthesiology and Critical Care (ISNACC). January 24-26, 2021 (virtual).
- Bangladesh Society of Anaesthesiologists National Conference 2020 and 36th Annual General Meeting. March 13, 2020. Bangladesh Society of Anaesthesiologists, Khulna, Bangladesh.
- 39th Annual Meeting of the Japan Society for Clinical Anesthesia (JSCA). November 6-9, 2019. Japan Society for Clinical Anesthesia, Karuizawa, Japan.
- AIIMS Neuroanaesthesia and Neurocritical Update 2019. October 19-20, 2019. Department of Neuroanaesthesiology and Critical Care, All India Institute of Medical Sciences, New Delhi, India.
- 20th Annual Conference of the Society of Anaesthesiologists of Nepal Conference (SANCON). March 16, 2019. Society of Anaesthesiologists of Nepal, Kathmandu, Nepal.
- AIIMS Neuroanaesthesia Update 2018. November 2-4, 2018. Department of Neuroanaesthesiology and Critical Care, All India Institute of Medical Sciences, New Delhi, India
- 2nd Annual Neurocritical Care Update. March 23-24, 2018. Artermis Agrim Institute of Neurosciences, Gurugram, India
- 19th Annual Conference of the Society of Anaesthesiologists of Nepal Conference (SANCON). March 17, 2018. Society of Anaesthesiologists of Nepal, Kathmandu, Nepal.
- AIIMS Neuroanaesthesia Update 2017. October 6-7, 2017. Department of Neuroanaesthesiology and Critical Care, All India Institute of Medical Sciences, New Delhi, India.
- 3rd Medanta Neuro Critical Care Conference 2017. March 31 – April 2, 2017. Medanta – The Medicity, Gurugram, India.
- AIIMS Neuroanaesthesia Update 2016. September 30 – October 2, 2016. Department of Neuroanaesthesiology and Critical Care, All India Institute of Medical Sciences, New Delhi, India.
- 11th Conference of SAARC-AA and 16th Annual Conference of the Society of Anaesthesiologists of Nepal Conference (SANCON). February 2015. Society of Anaesthesiologists of Nepal, Kathmandu, Nepal.
- Critical Care Conference. April 2013. Indian Society of Critical Care Medicine (ISCCM) and Patel Hospital, Punjab, India.

- Continuing Medical Education course on Challenges in Peripheral Arterial Trauma and Thromboembolism. September 2008. Nepal Disaster and Emergency Medicine Center (NADEM), Kathmandu, Nepal

PROFESSIONAL AFFILIATIONS, MEMBERSHIPS

- Society of Anaesthesiologists of Nepal (SAN)
 - Life Member (Registration number: 188)
- Nepal Medical Council (NMC)
 - Specialty Qualification Registration (Registration number: 6901)
- Nepal Medical Association (NMA)
 - Life Member (Registration number: 3778/L-3228)
- Indian Society of Neuroanaesthesiology and Critical Care
 - Life Member (Registration number: LML-16)
- Society of Neurocritical Care (SNCC), India
 - Life member (Registration number: SNCC/18/0083)
- Nepalese Society of Critical Care Medicine (NSCCM)
 - Life member (Registration number: 134)

COMPUTER SKILLS

- Word Processing : Microsoft Word
- Database : Microsoft Access
- Data Entry and Analysis : IBM SPSS Statistics, Microsoft Excel, Stata

REFERENCES

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